

Supported by  
Run and Become

# Winter Duathlon Series

[www.glentressduathlon.com](http://www.glentressduathlon.com)

Glentress Forest, near Peebles, Scottish Borders



[www.entrycentral.com](http://www.entrycentral.com)

Enter on-line

**Single Person bike and run:**  **Two Person Team (biker/runner):**

Entry Reqd	Race Entry -TS Race Lic. Holder	Race Entry -No TS Race Licence	Series Entry-TS Race Lic. Holder	Series Entry -No TS Race Licence
Single person	£12*	£14	£30*	£36
Team (biker/runner)	£20*	£24	£50*	£62

\* **Triathlon Scotland Race Licence Number Required for reduced rate** \_\_\_\_\_

Sunday, 4<sup>th</sup> December 2011 – Medium (Winner 30min MTB/ 30min Hill Run)  tick for entry

Sunday, 22<sup>th</sup> January 2012 – Short (Winner 20min MTB/ 20min Hill Run)  tick for entry

Sunday, 26<sup>th</sup> February 2012 – Long (Winner 45min MTB/ 45min Hill Run)  tick for entry

**All races start at Buzzards Car Park (unless stated on day): 12:00**

Enter on-line or... Entry Form and Cheque (Pay “Glentress Duathlon”) to:  
GDS, PMS Ltd, Midlothian Innovation Centre, Pentlandfield, Roslin EH25 9RE  
Course/Venue Info from the website [www.glentressduathlon.com](http://www.glentressduathlon.com)

More info? See website or phone: Peter 01721 724474

	Biker Details		Runner Details (if diff)	
Name(s)				
Address				
Address				
Emergency Tele No.				
e-mail				
Race Distance	<b>Medium (04DEC11)</b>	<b>Short (22JAN12)</b>	<b>Long (26FEB12)</b>	
Age(s) on Day of race e.g. 43yr				
<b>Declaration</b> <i>Must be signed prior to Entry being accepted</i>	<p>The participant(s) undertakes these races in the knowledge that they are dangerous pastimes. The Organisers cannot be held liable for injury or other accidents/events during the race. Please ensure you are fit and experienced to undertake this event, with adequate personal/equipment insurance. Your signature below declares you will abide by the above conditions of race entry. STA/SHR Safety Rules apply. Do not enter unless you have fitness/skill to compete. No Dogs allowed on course. Full Body Cover must be carried or worn. <b>Kit will be checked.</b> Sign if you agree to abide by these Rules.</p> <p>Sign ..... Date ..... 1<sup>st</sup> member</p> <p>Sign ..... Date ..... 2<sup>nd</sup> member (if approp.)</p>			